

Behavior Analysis Multidisciplinary Team (MDT)

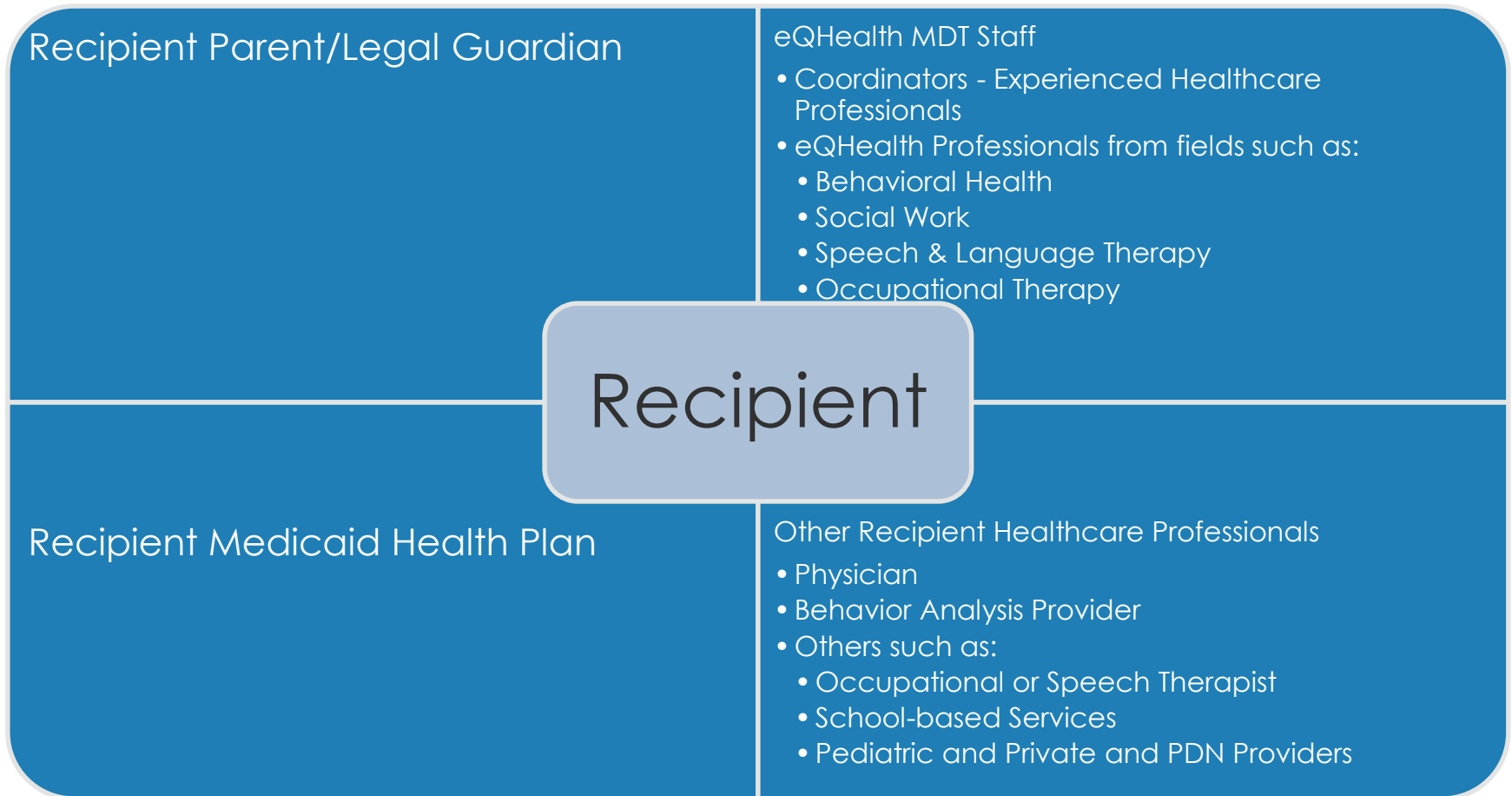
Webinar With Statewide Medicaid Managed Care Programs

Recap: What is MDT?

Multidisciplinary Approach for Behavior Analysis Services means the involvement of two or more separate disciplines or professions involved in reviewing service authorization requests for behavior analysis (BA) services.

Goals: Every request for BA services is reviewed using a Multidisciplinary Team (MDT) approach to ensure recipients receive the most appropriate services to meet their needs and facilitate the most expeditious route to independent functioning without added professional support

Recap: MDT Access Model



Who is on the MDT Team

Multidisciplinary Team Approach Pilot Program

Medicaid Area 4

- Baker, Clay, Duval, Flagler, Nassau, St. Johns, Volusia

Medicaid Area 7

- Brevard, Orange, Osceola, Seminole

Population estimate 2500 – 3000

Region 4 & 7 MDT Model

The model has three components:

- Multidisciplinary clinical desk review by at least two health disciplines
- A guardian phone interview, completed by an eQHealth MDT Coordinator
- When needed a Multidisciplinary Team Meeting, facilitated by an eQHealth MDT Coordinator

Who are the eQHealth staff involved and what do they do?

MDT Coordinator

- Each recipient/family will have an assigned MTD Coordinator (MTDC) to act as guide and be the family point of contact with eQHealth, they will:
 - Call parents/guardians to collect information about their child, and arrange MDT Meetings if they are required.
 - Assist parents as needed with accessing other services such as assessments, evaluations, or MDT recommended services
 - Calls and meetings will typically last about 30 - 45 minutes and may occur as rarely as twice a year; however, the MTDC is available to assist when needed.

Who are the eQHealth staff involved and what do they do?

MDT Clinical Review Team

- The team has two levels of reviewers:
 - **Reviewer Level One** – Includes multidiscipline reviewers (BCBA, SLP, OT, LCSW, LMHC) who can:
 - Approve request, or
 - Refer the request for Level Two Review.
 - Every review will be completed by two reviewers, one of which will be a BCBA.

Who are the eQHealth staff involved and what do they do?

MDT Clinical Review Team

- **Reviewer Level Two** – Includes BCBA-D, Physicians, and Medical Directors who can:
 - Approve request
 - Partially or fully deny request
 - Perform Peer-to-Peer review
 - Reconsideration Review Determinations
 - Participate in Fair Hearings
- The MDT Clinical Review Team may make service recommendations that comply with AHCA's goal

What families can expect from MDT?

An eQHealth MDT Coordinator to contact them to collect information about their child. BA Family Survey Tool. Completed every 6 months.

- 30 to 45 minutes

What families can expect from MDT?

To be invited to attend the MDT Meeting, if the meeting is need

- 30 to 45 minutes

What families can expect from MDT?

Assistance accessing evaluations, appropriate care, and resources

- Care Examples
 - OT/ST
 - Community based Behavior Services, TBOS
- Evaluation Examples (Comprehensive or In-Depth, should be done every 2 years)
 - Autism diagnosis, ADOS (gold standard)
 - Oppositional Defiant Disorder, In – depth Behavioral Health Evaluations

What Region 4 & 7 BA service providers can expect from MDT:

Effective July 1,

- Re-assessments will be included with service request. This reduces provider tasks by 50%.
- Expanded lines of communications
 - Call you before we pend
 - Assistance for provider with high pend rates
 - Quarterly clinical presentations

What SMMC plans can expect from MDT:

eQHealth will use claim data feeds to determine if recipients are receiving:

- Comprehensive Diagnostic Evaluations or In-depth Assessment
- Other behavioral health service or supports
- Other services such as Occupational, Physical, Speech Therapy or home Nurse Services

What SMMC plans can expect from MDT:

Care redirection facilitated by eQHealth Solutions if clinically appropriate.
Services examples include:

- Evaluations or In-depth Assessment
- Behavioral health service or supports
- Occupational, Physical, Speech Therapy

What SMMC plans can expect from MDT:

SMMC plans have option to attend MDT Team meetings.

- Meetings are facilitated by eQHealth and may last 30 to 45 minutes

What SMMC plans can expect from MDT:

eQHealth will send plans a weekly report -

- Type of action - **D**enial, **R**eduction, **T**ermination or **S**uspension, of BA services (**DRTS** Report).
- Level of service.
- Amount of service.
- Effective date of the action taken by eQHealth.
- Next steps/recommendations

Region 4 & 7 MDT Timeline:

Before July 1, eQHealth will:

- Start contacting parents to collect information using clinical questionnaires.
- Offer provider focused training session about the revised authorization process. Started 5/8/19
 - Register Link
 - <http://fl.eqhs.org/ProviderResources/Registerforawebinar.aspx>

On July 1, 2019

- New recipient starting care will begin with the MDT process
- When Behavior Analysis services are approved the MDT will occur:
 - At least every six months, or
 - If additional hours or additional hours at a higher service level are requested by the provider, or
 - Care beyond the current authorized period is requested.

Questions:

Will eQHealth be making home visits?

- Only if the parent/guardian has extenuating circumstances that would prevent them from participating by phone and the visit is agreeable with both parties. Other locations could include a local AHCA office if needed.

When an MDT Meeting is required who is are minimum attendees required?

- The Meeting can occur if the following are present, MDTC, both MDT Level One Reviewers, and the parent/guardian.

If the parent/guardian does not attend the MDT Meeting how will they know the outcome of the request

- The MDTC will attempt to notify by phone and written notifications are sent.

Questions:

How long will the MDT process take?

- Processing time without MDT meeting:
 - Level One Review – up to 5 Business Days
 - Level Two Review – add 2 additional Business Days
- Processing Time with MDT Meeting – up to 15 Business Days.
- Reminder when requests are pended for additional information the processing clock is stopped.

When an MDT Meeting is required who is are minimum attendees required?

- The meeting can occur if the following are present, MDTC, both MDT Level One Reviewers, and the parent/guardian.

When will providers be required to submit the PA request?

- Submission can be as early as 30 business days but no later than 15 business days prior to the start of service or the end of the current authorization period. Untimely request will be cancelled.